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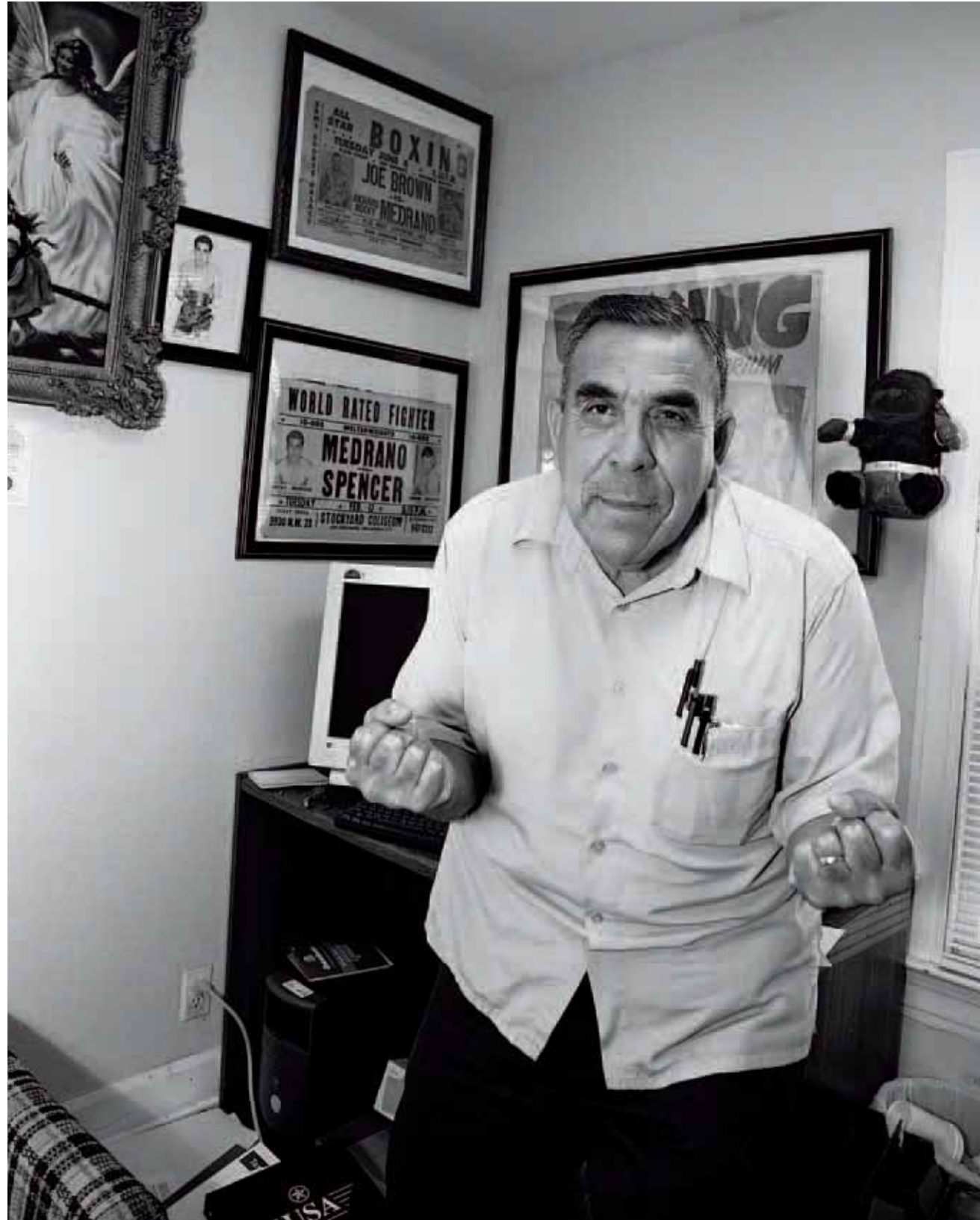
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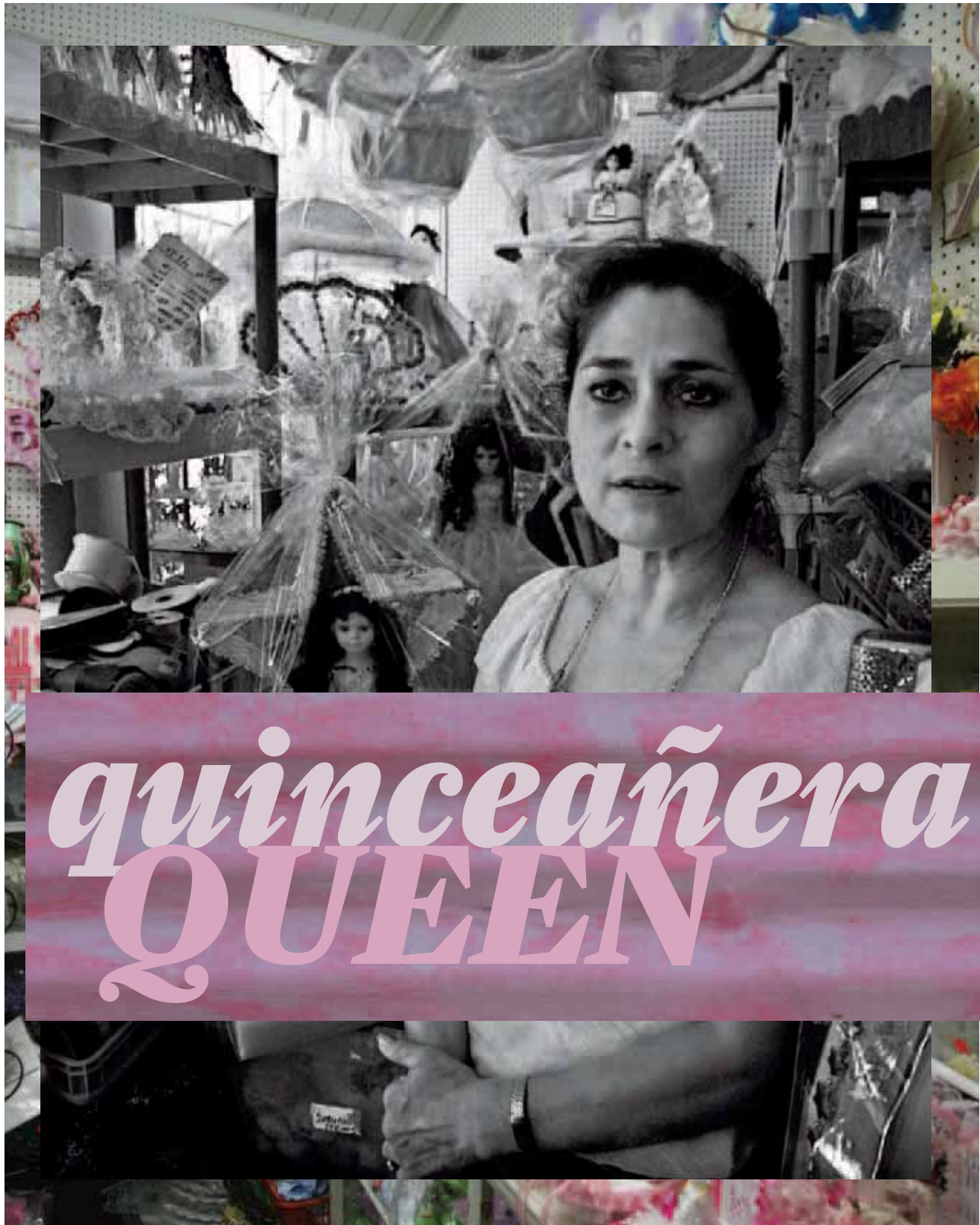
OF

PAINT

BOXING *is just show business* with **BLOOD**

Richard "Rocky" Medrano spent the late 60's and early 70's boxing in the lightweight division across the southern states. He had an impressive 38-7-4 record, but eventually hung up his gloves for a career in law enforcement. He is now a retired Texas State Trooper and is the Administrator of Angels Defensive Driving School.





quinceañera
QUEEN



One more treasure trove, one more great experience. On East 6th Street I found this store crammed full of dolls and lace, flowers and baskets. At the counter a petite lady named **Julia** looked up at me from her daily accounts. She showed me around the store and agreed to let me photograph her. In passing she confessed to being worried about keeping the business going because the owner was talking about selling. Maybe that's why I ended up with a beautiful photograph of a woman with contemplative eyes surrounded by the trappings of celebration. After a few months I was so happy to see her new store on Cesar Chavez.



Meals on Wheels

I had the pleasure of spending an afternoon with Meals on Wheels volunteer Tony Rocha while he made his deliveries. It was heartwarming to see the elderly so well cared for and the affection they had for Tony.

Meals on Wheels and More is one of the largest meal-delivery organizations in Texas, distributing 4,000 meals and reaching 3,100 clients each business day. More than a program to deliver food to the hungry, MOWAM is a holistic charity providing a variety of services through their programs. Their case managers drive clients to doctor and vet appointments; help with home repairs and grocery shopping, and offer problem solving therapy. They see a significant rise in meals delivered every year; by 2020, they expect to deliver over 2.2 million meals to Austin residents every year, in large part due to the advancing age of the baby boomer generation.

Tony is one of over 3,000 members of the Austin community who volunteer their time and services to MOWAM annually. Many volunteers are elderly or infirm themselves; those who aren't mobile make "care calls" to clients, offering a sympathetic ear or a reminder to take medication. They are assigned as many as 50 calls a day and often become close friends with their clients. Volunteers who make house calls like Tony comprise most of the volunteer base. They undergo several weeks of training and are the eyes and ears of MOWAM. They learn to assess the need for additional services and to spot signs of abuse and neglect. Tony's time with Meals on Wheels began as a Christmas gift from his wife in 2003. He fell in love with the organization and has volunteered his time ever since.

Antonio E Rocha, affectionately called Tony, is being thanked by Margaret for delivering her food once a week from Meals On Wheels.

